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HEALTH & WELLNESS



**The Healing Whisper: A Return to Peace**  
with host Dr. Mary Anne Chase  
**Archives Available**  
**August 25th 2017: Thyroid Issues; Natural**  
**Solutions to Common Health Problems**

According to the National Institutes of Health (NIH), some of the most common skin problems are linked to the thyroid. They can affect texture, pigment, sensation and function. Some skin problems related to thyroid function can become a syndrome unto themselves or initiate an auto-immune response. So, before you invest in any number of lotions or topical treatments just know the problem may be more than skin deep. It could be buried within your thyroid, a result of hypothyroidism or hyperthyroidism. When the thyroid is over-active, producing more hormones than the body needs, this is the c

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#### Featured Guest



#### Dr. Steven and Janet Lewis

Dr. Stephen Lewis and Janet have a long history of helping people achieve their maximum potential. Dr. Stephen Lewis stays current on the latest research pertaining to nutritional supplements and optimal health.

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