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September 5th 2017: Decisions, Decisions...

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On this episode of REAL Real Estate Today, we delve deep into the psychology of home buying with Amanda Quinby, Ph.D., HSPP. We explore the anxieties of home buying and how to manage the stress of making big decisions. You'll also get some great tips on testing the waters by adjusting your current behavior to match your goals so you can feel confident you're making a sound decision. How do you define your values before looking at homes? Not just, "I know I want a garage," but asking yourself why you value having a garage so much. It's another great dose of REAL real estate advice!

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Featured Guest



Amanda Quinby

Amanda completed her Ph.D. in clinical psychology at Bowling Green State University in Ohio in 2012. She worked in university counseling for several years before transitioning to private practice in 2015.

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