

A HEALTH & WELLNESS







**Healthy View Radio Archives Available** 

#### October 5th 2017: Getting High with Rachna Patel

Topicals, tinctures, and vapes, oh my! On this week's episode of Healthy View Radio, it's all about getting high—and not just in the spiritual sense. Who benefits from the use of medical marijuana and who should avoid it? While Lisa, Andrea, and Michelle share their own experiences with our old friend Mary Jane, we get the official lowdown from Dr. Rachna Patel, a medical marijuana expert who has helped thousands of patients cope with their health conditions without the high, addiction, or smoke inhalation. We also speak with Holistic Health Coach Rachel Meyer, founder of Summit Fit Academy

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### **Featured Guests**



# Dr. Rachna Patel

Dr. Rachna Patel has been practicing in the area of Medical Marijuana for half-a-decade now - since 2012.

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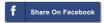


# **Rachel Meyer**

Rachel Meyer is a certified Holistic Health Coach, blogger, and Personal Trainer with a B.S. in Exercise Science. She is known for her love of good coffee, pine trees and adventure.

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