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Solutions and Strategies with Dr Sean: Living the Challenge

Podcast Episodes Available On Demand VoiceAmerica Health and Wellness Channel

October 19th 2017: Working with Children and families living with Stress and Trauma

On this episode we will discuss current issues regrading stress and trauma in children and adults. After a brief topic introduction we will have on as guests Nancy Goodell former Director of the Five Acres Therapeutic School and Ann Garrett Bibliotherapist and Developmental Specialists with both with many years of experience working with children in trauma . They have Authored TLC for Frazzled Children which will be discussed on the show.



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# Nancy Goodell



**Featured Guests** 

Nancy has been a teacher, therapist, trainer, and program director in multi-cultural preschools, elementary schools, day care programs, hospital settings, and residential treatment facilities.

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### **Ann Garrett**

As an author for children, Ann has written several picture books, both individually and in collaboration with the late Gene-Michael Higney .

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