



## Patricia Raskin

### POSITIVE LIVING SHOW

**The Patricia Raskin Show**  
**Monday at 11 AM Pacific**  
**October 30th 2017: Laura Holmes Haddad, This is Cancer/Erika Flint, Reprogram Weight**

In the first half, Patricia interviews Laura Holmes Haddad, a recent survivor of stage IV breast cancer and author of *This Is Cancer: Everything You Need to Know, From the Waiting Room to the Bedroom*. Laura discusses how to parent with cancer, how to manage a marriage or relationship, how to travel during treatment, how to prepare for this transition, and how to thrive in survivorship. In the second half, Patricia interviews Erika Flint, an award-winning hypnotist, author, speaker and co-host of the popular podcast series *Hypnosis, Etc.* She discusses her book, *Reprogram Your Weight: Stop Thi*

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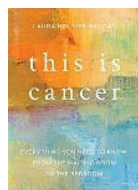
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#### Featured Guests



##### Laura Holmes Haddad

Laura Holmes Haddad received her BA from Smith College in Northampton, MA, where she majored in comparative government.

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Guest Image

##### Erika Flint

Erika Flint is an award-winning hypnotist, three time best-selling author, speaker on hypnosis and the self-actualized mind, and a co-host of the popular podcast series *Hypnosis, Etc.* She is the founder of Cascade Hypnosis Center for Training & Services in Bellingham, Washington.

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