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HEALTH & WELLNESS



**Once a Nurse, Always a Nurse**  
**Monday at 10 AM Pacific**  
**November 27th 2017: Our Perception is Our Reality**

In Nursing, as in life, how we perceive a situation is how we react to it. How we react, creates another reaction from those around us. I have touched on this topic in the past, but I would like to bring it more specifically to life in the Nursing profession, with examples and experiences. I invite you to join this discussion with your examples and experiences of how you were looking at a situation skewed it to the positive or negative, just based on your outlook. It could be with a co-worker, patient, doctor, during a crisis or just during a normal day. Let's look at perception together to see

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