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The Forbes Factor - Your Secret to health, wealth & happiness!
Wednesday at 11 AM Pacific
November 29th 2017: FIT AT ANY AGE!!!

So many times I hear about people who have "given up" or blame their unhealthy body on the fact they are getting older. Miss Ruby Carter Pikes, a stunning fitness body competitor at age 70!! is here to tell us, that is hooley!~ There is NO better time than right now -- Enjoy, share and comment on this amazing and insightful conversation with a living legend.



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Featured Guest



Ruby Carter-Pikes

Ruby Carter-Pikes; a 66 year old grandmother is also a fitness model. But it's not even about the way she looks, it's about the respect that she has for her body and the healthy attitude that she has developed over the course of her life.

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