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December 14th 2017: Wonder of Emotional Freedom Technique

The National Institute for Integrative Healthcare (NIIH) is a leading-edge nonprofit dedicated to THERAPIES, to RESEARCH, and to EDUCATION in the fields of Energy Medicine and Energy Psychology. Research has shown that emerging methods such as mindfulness, stress reduction, EFT (Emotional Freedom Techniques), and the Relaxation Response are "evidence-based" practices for addressing both emotional trauma and physical symptoms. NIIH is dedicated to conducting empirical research in these methods, as well as expanding patient access by fostering their adoption in primary care settings. Thr

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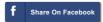


### Dr. Dawson Church

Dawson Church, PhD, is an award-winning author whose best-selling book, The Genie in Your Genes, has been hailed by reviewers as a breakthrough in our understanding of the link between emotions and genetics.

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