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EMPOWERMENT



Starstyle®-Be the Star You Are!®

Wednesday at 4 PM Pacific

**December 27th 2017: Choosing the Best Surgeon, Be Your Personal Trainer**

If you require an operation, the surgeon you choose could be a life or death decision. But how do you know how to find the best doctor for your procedure? Anything can go wrong and often does, so you attention to this major detail is mandatory. Cynthia Brian will help you research the best of the best. A new year brings new resolutions and the top goals for any new season have to do with fitness. Whether you want to lose weight, get stronger, or fit into that size 8 again, you can turn up the burn by becoming your own personal trainer. 2017 is almost in our rearview mirror and many p

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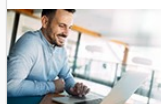
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