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HEALTH & WELLNESS



Once a Nurse, Always a Nurse
Monday at 10 AM Pacific
January 29th 2018: Healing Traumatic Nursing Experiences

We are all familiar with the PTSD effects that our Military experience after being in active war zones. How often do we consider the Nurses who are treating those military personnel? Mary-Ann Rich is both a nurse who served in Iraq and a nurse who has experienced many traumatic decisions in her everyday work. We will examine the effects of psychological trauma on nurses in BOTH arenas. What can help? Please listen and call in with your experiences and what helped you.

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Monday at 10 AM Pacific Time
on VoiceAmerica Health and Wellness Channel

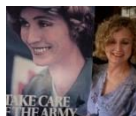
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Featured Guest



Mary-Ann Rich, MS, RN-BC, CNOR

Mary-Ann Rich is currently a clinical nurse educator for the OR at UCSF, certified in OR nursing and professional development.

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