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March 21st 2018: 3 Things to Improve Your Life Today - The Butterfly Effect

You are not who you think you are! There is a very subtle social perception lurking in your unconscious that affects every aspect of your life! What exactly is this subtle social perception? And how does it affect your nutrition? How you exercise? Your job? Your relationships? Where you live? Find out the answers to all these questions and more! Roshana Evans, joins us from Italy to explore misperceptions that impact our behaviors and choices. When you understand this subtle perception, your vision of what's possible expands and a new sense of self suddenly blossoms. Dysfunctional social d

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Featured Guest



Roshanna Evans

Being complex creatures, it is hard to give title to Roshanna.

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