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HEALTH & WELLNESS



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February 5th 2018: The Gut Microbiome, Food Allergies and GMOs

What is your gut microbiome? How does it relate to all diseases? Your microbiome is where approximately 80% of your immune system is located. It is made of over 100 trillion healthy probiotics and over 1,000 different species. How you digest, absorb and excrete is vital for intake of nutrients and ability to detoxify. If you have ever had antibiotics, chemotherapy, surgeries or severe illnesses – these all effect how your microbiome works. This show will discuss the importance of keeping your gut microbiome strong. Learn about why food allergies are increasing and how to appropriately t

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Featured Guest



Theo Hanson

THEO HANSON - filmmaker/ researcher/ educator/ communicator
Theo has become a passionate voice and patient advocate for people diagnosed with cancer after his wife was diagnosed in 2014.

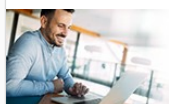
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