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HEALTH & WELLNESS



EVERY TUESDAY  
4:00 PM ET (1:00 PM PT)



**Frankly Speaking About Cancer with the  
Cancer Support Community**  
Tuesdays at 1 PM Pacific  
**April 17th 2018: Nutrition and Cancer**

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Time on VoiceAmerica Health  
and Wellness Channel

Whether you're in treatment or out, it's important to make sure you eat foods rich in beneficial nutrients. Yet, it's not always easy to figure out what to eat and what to avoid, especially during challenging times. Our guest is oncology nutritionist Rachel Beller, who answers questions about cancer-related nutrition and gives tips on managing food and meals to help us eat well and feel well.

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#### Featured Guest



##### Rachel Beller

Known as America's "Get Real" Nutritionist, Rachel is a registered dietitian nutritionist (RDN) who specializes in breast cancer nutrition.

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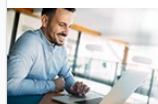
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