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EMPOWERMENT



**Infinite Success Radio**  
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**April 27th 2018: Practical Ways to Lose Weight**

Discover practical ways to lose weight and feel great! No hype, no gimmicks, and no more starving yourself. Join Personal Transformation Expert and Success Coach, Rachel O'Brien-Eddy, as she reveals simple strategies that helped her achieve weight loss success – dropping 90 pounds and keeping it off! Find out how mindset and accountability play a role in weight loss. Plus, Rachel shares an easy way to increase daily activity and how to drop 2 pounds this week - without dieting. Small changes lead to incredible results! Get inspired to achieve your goals this week on Infinite Success Radio. Hav

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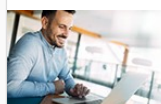
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