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HEALTH & WELLNESS



### Healthy View Radio

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#### June 7th 2018: Surviving Perimenopause with Maria Claps

Do you have questions around perimenopause and all the often-unwelcomed changes that come with it? Then you're in luck because on this week's episode of Healthy View Radio we're being joined by Health Coach, Functional Diagnostic Nutritionist and Women's Hormonal Health Specialist, Maria Claps. We'll also be joined by certified well-being transformation specialist, and author of 'Hope in a Dark Tunnel,' Bev Roberts who helps women transform their lives by "rewiring" for healthy habits. We'd also really love to hear from YOU - leave a rating and review at [HealthyViewRadio.com/review](http://HealthyViewRadio.com/review)

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### Featured Guests



#### Maria Claps

Maria Claps is a certified health coach, Functional Diagnostic Nutrition practitioner and mom to 4 grown boys.

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#### Bev Roberts

Bev Roberts is a certified well-being transformation specialist, holds a master's degree in behavioural change and strategy and is the author of 'Hope in a Dark Tunnel'.

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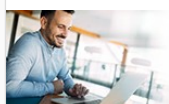
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