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HEALTH & WELLNESS



# good grief

WITH CHERYL ESPINOSA-JONES

**Good Grief with Cheryl Jones**  
**Wednesday at 2 PM Pacific**  
**June 27th 2018: Dad Got Sick**

When Jay Perry's father was diagnosed with cancer, Jay's natural rhythm was thrown into chaos. Wasn't he too young to be faced with whether to continue on his life path or interrupt everything to be with his dad? Making the choice to have that time with his father and help him navigate his final days was radical, difficult, and not to be missed. From diagnosis to death, Jay shares the story of these final times with his dad in his book, *My Dad Got Sick*. Now he shares what he learned with us.

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## Featured Guest



### Jay Perry

As a full-time photographer from Canada, Jay Perry has travelled the country and beyond to capture the moments and memories that matter.

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