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July 13th 2018: Finding Happiness In Life

Discover how to find happiness in everyday life. Join Personal Transformation Expert, Rachel O'Brien-Eddy, as she reveals simple strategies to overcome a bad day and maintain your joy no matter what happens around you. Have you suffered from an illness or injury? Have you felt discouraged by bad news? Learn how to find happiness when things go wrong and small shifts that can lead to powerful results. Are you plagued by negative thoughts and limiting beliefs? Discover how to quickly and easily develop a positive mindset. Will having a hero increase your happiness? Find out this week on Infinite

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