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HEALTH & WELLNESS



Take Back Your Health!

Archives Available

July 16th 2018: LEARN HOW CHRIS WARK BEAT CANCER

Take Back Your Health Talks with Cancer Survivor Chris Wark on His Decision to Decline Chemotherapy. Integrative Medicine MD and Co Host of Take Back Your Health radio show, Dr. Sunil Pai talks truth with 14 year cancer survivor Chris Wark about his controversial decision to decline chemotherapy after a disheartening diagnosis of Stage IIIC Colorectal Cancer. Chris couldn't accept that prognosis and decided to take his health back into his own hands. He chose to decline chemotherapy and instead explored and adopted a variety of integrative and lifestyle interventions. Renowned Inte

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Featured Guest



Chris Wark

Chris Wark was diagnosed with stage 3 colon cancer in 2003, at 26 years old. After surgery, he opted out of chemotherapy and used nutrition and natural therapies to heal.

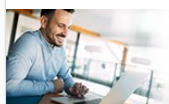
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