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HEALTH & WELLNESS



with Lisa Lewtan, Andrea Beaman & Michelle Pfennighaus

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**July 26th 2018: Healing Chronic Disease Without
Breaking the Bank with Madiha Sae**

What if there was an easy, fun and cost-effective way to heal chronic disease and inflammation? This week's guest says there is! Madiha Saeed has made it her mission to help families take control of their health without breaking the bank. She is a board-certified family physician and author of the best-selling book *The Holistic Rx: Your Guide to Healing Chronic Inflammation and Disease*. We'll also be joined by former nurse and Health Coach, Sherry Khachatryan who provides her clients with knowledge about healthy lifestyles so that they can enjoy the freedom of not being on medication for the r

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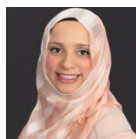
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Featured Guests



Madiha Saeed, MD

Madiha Saeed, MD is a practicing board certified family physician in Naperville and a traditionally published author of a best-selling book *The Holistic Rx: Your Guide to Healing Chronic Inflammation and Disease*.

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Sherry Khachatryan

Sherry Khachatryan is the founder of Luv-Health, a private health coaching practice. Specializing in health and wellness.

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