

[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) Click to become a Member for Free!



HEALTH & WELLNESS



Take Back Your Health!

Archives Available

July 30th 2018: EASY HEALING DRINKS FROM THE WISDOM OF AYURVEDA

Tired of drinking the same old smoothies and fruit drinks? Interested in learning how to make rejuvenating drinks? Discover how to support your own health – or regain deeper health – with these simple, delicious elixirs from nature. They're easy to make, and even easier to drink! Join us for a vibrant, guided adventure into how to heal yourself naturally with Amadea Morningstar, Ayurvedic educator and author. Learn how you can bring the wisdom of ancient Ayurvedic medicine into your life now with knowledge and recipes from her book EASY HEALING DRINKS FROM THE WISDOM OF AYURVEDA: Delicious an

[Read more](#)

[DOWNLOAD PDF](#)

[GET CODE](#)

Tune in

Archives Available on
VoiceAmerica Health and
Wellness Channel

[EPISODE ON DEMAND](#)

[VIEW HOST PAGE](#)

Featured Guest



Amadea Morningstar

Amadea Morningstar, Ayurvedic educator, writes and teaches about Ayurveda and healing. Amadea has been recognized as one of the top Ayurvedic bloggers on the web.

[Read more](#)

Share This Episode

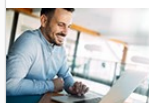
[Share On Facebook](#)

[Share On Twitter](#)

[Share On LinkedIn](#)

Connect with VoiceAmerica

Download our mobile apps



Read what our hosts are writing about.

VOICEAMERICA BLOG