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HEALTH & WELLNESS



BORN TO BE BREASTFED

WITH
MARIE BIANCUZZO RN MS IBCLC



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Born to be Breastfed

New shows weekly

**July 30th 2018: 2018 World Breastfeeding Week:
Inform, Anchor, Engage, Galvanize**

Happy World Breastfeeding Week 2018! Let the celebrations begin! The theme for this year, established by World Alliance for Breastfeeding Action (WABA) is Breastfeeding: Foundation of Life. More specifically, WABA has identified four objectives: Inform, anchor, engage, and galvanize. But after the cookies are eaten and the balloons are gone, Marie challenges you to find just one activity to meet those objectives in the coming year. Get tips on how to more effectively give information, anchor breastfeeding as the normal way to nourish and nurture infants and children, and engage with individual

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