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HEALTH & WELLNESS



Breast Friends Cancer Support Network

Helping women survive
the trauma
of cancer ... one
episode at a time.



With host
Michelle Beck
www.breastfriends.org

Breast Friends Cancer Support Network
Wednesday at 9 AM Pacific
September 5th 2018: Encore: Breast Cancer Nutrition Myths

In today's podcast Andrea dispels widespread myths surrounding cancer and nutrition that commonly cause unnecessary stress in patients, survivors and family members. Additionally, she will discuss practical ways to reduce cancer risk and recurrence with nutrition and lifestyle interventions. Andrea Hamilton is a Registered Dietitian for Compass Oncology, a comprehensive community cancer center in Portland, OR with six sites in the metropolitan area.



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Featured Guest



Andrea Hamilton, MS, RD

Andrea completed her nutrition and food sciences degree at California State University, Chico and then underwent a combined dietetic internship and master's program in health care policy and management at Stony Brook University in New York. As Compass' first registered dietitian, Andrea assists our cancer survivors in health promotion and cancer prevention utilizing individualized nutrition and lifestyle behavior strategies.

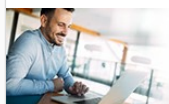
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