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HEALTH & WELLNESS



## Breast Friends Cancer Support Network

Helping women survive  
the trauma  
of cancer ... one  
episode at a time.



With host  
**Michelle Beck**  
[www.breastfriends.org](http://www.breastfriends.org)

**Breast Friends Cancer Support Network**  
**Wednesday at 9 AM Pacific**  
**August 22nd 2018: Encore: Self-monitoring and**  
**Follow-up Care after a Breast Cancer Diagnosis**

### Tune in

Wednesday at 9 AM Pacific  
Time on VoiceAmerica Health  
and Wellness Channel

What is the standard of follow-up care after a cancer diagnosis? How much self-monitoring is the right amount? What about follow-up care from our physician team? These questions come up often as different doctors seem to have different methods of monitoring their patients. We will explore this topic and more with our very special guest, Lillie Shockney, Administrative Director of the Johns Hopkins Breast Center. Lillie is also a two-time breast cancer survivor, professional speaker, and published author.

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### Featured Guest



#### Lillie Shockney

Lillie is the Administrative Director of the Johns Hopkins Breast Center and a 2-time breast cancer survivor. She is a registered nurse with a bachelor of science in health administration.

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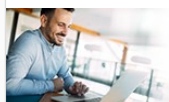
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