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**The Forbes Factor - Your Secret to health, wealth & happiness!**  
**Wednesday at 11 AM Pacific**  
**August 8th 2018: Creative Wellness, Inside and Out!**

Want to learn more about the relationship between food and mood, and how what you eat can increase your creativity, curiosity, imagination, and well-being? Dr. Deanna Minich will help you discover exactly how each color of foods impacts different parts of our bodies. Having trouble with your memory? There are foods that can improve that! Having fertility issues? The answer, again, could be in the foods you eat. But it's not only what you put in your body...it's your surroundings, too. Too often people seek external things to better their lives. They read all the self-help books, Eat be

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#### Featured Guests



##### Dr. Deanna Minich

DR. DEANNA MINICH is a health educator, researcher, and author with more than twenty years of experience in nutrition, mind-body health, and functional medicine.

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##### Amanda Gates

Amanda is a professionally trained Interior Designer, Feng Shui Practitioner, podcaster, vlogger and award-winning blogger.

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