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Dr. Carole's Couch
Tuesday at 1 PM Pacific
September 4th 2018: 9/11 Widow Shares Healing Journey to Help Others

September 11, 2018 marks the 17th anniversary of 9/11. But, for the victims and their families, it's as though it happened yesterday. Lisa Lockett is a 9/11 widow. Her story is both tragic and uplifting. Her new book, *The Light in 9/11: Shocked by Kindness, Healed by Love*, is her gift to the world. In it she shares what she has learned from this trauma to help others heal. With the clarity that only comes with time and distance, Lisa discovered the resiliency and beauty of the human spirit and vowed to not allow her husband's death to be in vain by making something positive rise from the ashes

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Featured Guest



Lisa Lockett

Lisa Lockett, a 9/11 widow, is on a mission to help heal those whose life has been similarly shattered by tragedy. Her new book, *The Light in 9/11: Shocked by Kindness, Healed by Love*, is her gift to the world and the kernel of what she gives Ted talks on, as well as other speaking engagements.

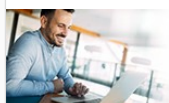
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