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HEALTH & WELLNESS



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**Frankly Speaking About Cancer with the
Cancer Support Community
Tuesdays at 1 PM Pacific
September 4th 2018: Encore: Answering The
Call- Coach Tom Coughlin and Caitlin Kiernan**

Two time Super Bowl winning NFL Coach Tom Coughlin and author, beauty expert and cancer survivor Caitlin Kiernan discuss the lessons they learned from cancer and how they share them with others in the hope of making people's lives better as they face the challenges of a cancer diagnosis. Coach Tom Coughlin talks about the foundation he established, the Tom Coughlin Jay Fund Foundation. Caitlin Kiernan tells us about her book *Pretty Sick- The Beauty Guide For Women with Cancer*, How to look your best when you feel your worst.

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Featured Guests



Tom Coughlin

Tom Coughlin is a veteran of 29 years in the NFL including twenty one as a head coach. He ranks as the 12th-winningest coach in NFL history. Among his accomplishments, he led the NY Giants to two Super Bowl victories against the New England Patriots in Super Bowl XLII and Super Bowl XLVI.

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Caitlin Kiernan

Caitlin Kiernan is the author of *Pretty Sick- The Beauty Guide For Women with Cancer*, How to look your best when you feel your worst.

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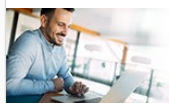
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