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September 3rd 2018: Encore: New Breakthroughs on the Anti-inflammatory Diet!

Do you know someone with breast, prostate or colon cancer; heart disease, diabetes, obesity, depression or chronic pain? Confused about which diet is best for prevention and treatment of these diseases? Get the latest and most up to date information on the Anti-Inflammatory Diet. Find out about breakthrough information that will change your health outcomes quickly. Dr. Pai recently attended the PPOD conference. He will provide you with an update on the evidence-based approach of the Anti-Inflammatory Diet. Don't follow fad diets (keto, paleo, gluten-free, no-carb, lectin-free), clever mar

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Featured Guest



Theo Hanson

THEO HANSON - filmmaker/ researcher/ educator/ communicator Theo has become a passionate voice and patient advocate for people diagnosed with cancer after his wife was diagnosed in 2014.

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