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# October 9th 2018: Living a Harmonious Life: Is it Possible?

Join Dr. Young and guest, Verlaine Crawford, dynamic speaker, author, and entrepreneur. Ms. Crawford will share her compelling transformation journey and how she survived the traumatic experiences of almost losing her foot as a child and nearly being stabbed to death as an adult. These events led her to learn how to live a life in peace, harmony and joy. She now teaches others how to clear away the past and release the beliefs that no longer serve you to live a harmonious life. A compelling discussion on how your thoughts and beliefs create your reality. You will not want to miss this show!



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#### **Featured Guest**



#### **Verlaine Crawford**

Verlaine Crawford is an author, speaker and inspirational teacher, helping to fulfill your soul purpose and live your fondest dreams.

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