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Voice America

Teen Wealth Monday at 5 PM Pacific

October 8th 2018: Path to recovery with Kristina Marshall

Krisztina is passionate about helping to improve the quality of life of others. Having suffered for more than 15 years from an eating disorder. Krisztina has much experience in dealing with the various aspects of this very serious disease. During her illness, she was told that she will never be free and that she was a hopeless case. However, with a strong willingness to find her way, Krisztina developed her own strategy to beat the 'beast'. Upon her recovery, she made a promise to dedicate her life to deliver hope and help those who are held prisoner by eating disorders. Krisztina has just rec

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# **Featured Guest**



## Krisztina Marshall

Krisztina Marshallis the Founder and CEO of Heemang Emotional Wellness (Heemang is Korean for Hope). Providing Psychotherapy and Counselling for those who are struggling with emotional eating, eating disorders and Obesity.

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