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**October 18th 2018: Stop being Bullied and Live with Positive Action and Emotion**

How does that description get ya? I know it got me - especially when I was the one being bullied! It happens to most of us but it is how we react to criticism and bullies that will define us. No matter what age, race, creed, or anything you are we are all susceptible to being bullied. It just means the person who is doing it has a flaw in them they are projecting on to us. Come learn my story and I will let you know my secrets for how I got over it. I will present 5 Strategies to stop being the victim and become the victorious!



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