











Patricia Raskin **POSITIVE LIVING SHOW**

The Patricia Raskin Show Monday at 11 AM Pacific November 12th 2018: Shira Adler and Pamela Bardhi

In the first half, Shira Adler author, speaker, wellness advocate and entrepreneur discusses her new book "The ABCs of CBDs", a practical and comprehensive guide to all the things you want to know about cannabinoids but were too afraid to ask. Her book explains the ancient wisdom of plants combined with cutting edge scientific research. Shira Adler explains how she had to go beyond Western medicine to seek answers and new tools to help her and her own family survive in today's complicated world. In the second half, Pamela Bardhi, dives into the reality of being a young entrepreneur running

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Featured Guests



Shira Adler

Shira Adler has spent a lifetime helping others overcome myriad life challenges, obstacles, and personal issues.

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Pamela Bardhi

Pamela Bardhi is a dynamic serial entrepreneur based in Boston, Massachusetts. She is a residential real estate developer, real estate agent and a small business owner.

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