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HEALTH & WELLNESS



good grief

WITH CHERYL ESPINOSA-JONES



Good Grief with Cheryl Jones
Wednesday at 2 PM Pacific
December 19th 2018: Encore: Big Love

How does someone find his way from the murder, at age 14, of both his parents to a life guided by big love? Scott Stabile evolved from putting his grief aside and going on with life to honoring and respecting, even inviting, his grief. In the process, he learned a lot about living with an open heart and loving himself and others as completely as possible in each moment. When he opened up to his deepest feelings, his deepest self, what he found was an unequivocal commitment to living a big, loving life and sharing what he'd found with other people.

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Featured Guest



Scott Stabile

Scott Stabile is the author of Big Love. His inspirational posts and videos have attracted a huge and devoted social media following, including over 350K Facebook fans and counting.

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