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January 14th 2019: Pattie Vargas - Building Resilience

Do you find change difficult? Does more "personal resilience" sound like something you'd love to develop in 2019? You bet! Then, you'll want to tune in to this interview with a recognized leader in behavioral, organizational and personal change. Pattie Vargas will inspire you with her own journey to discover the difference between going under and pushing through. A popular conference speaker, author and coach, she also has for you a practical message and humorous stories to set you on the resilience path for yourself and your business. Join Linda Patten and her guest, Pattie Vargas, as th

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## **Pattie Vargas**

In 1995, Pattie Vargas encountered a life-changing event that set the course for the rest of her career. What could have become a dead-end saga of mere survival instead led her on a journey to discover the power of resilience!

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#### Guest Image

## Pattie's Free Gift

Want to know how well you handle change, and how you can improve? Register for Pattie Vargas' free download: "Respond or React? How to Develop a More Resilient Attitude." <a href="https://thevargasgroup.net/">https://thevargasgroup.net/</a>

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