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Sunday at 3 PM Pacific
January 13th 2019: The Gift of Smiles

"Whoever is happy will make others happy too. ~Anne Frank "Smiling is a critical component of happiness. It's a natural response that reduces stress, makes us more attractive, lowers our blood pressure, and confirms our joy, love, and acceptance of others. Since the beginning of time, artists, musicians, authors, and activists have documented the power of a smile. Kenneth Jeon and Siri Phaneendra host a lively discussion on the benefits and importance of smiling. Kenneth focuses on visual significance of smiles and the science behind how and why people react when witnessing smiles. The feel-

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