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**Psych Up Live**  
**Thursday at 11 AM Pacific**  
**February 7th 2019: Postpartum Depression**  
**Misunderstood and Overlooked**

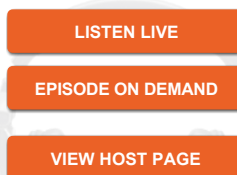
Postpartum Depression is suffered by 20% of women; but it is misunderstood and overlooked by many new mothers who suffer, as well as those who love them. In this episode, Dr. Deborah Serani, psychologist, author and renowned expert in Depressive Disorders, clarifies Postpartum Depression in both a professional and personal way. She discusses the causes of Postpartum Depression, the difference in symptoms between "Baby Blues" and Postpartum Depression and the reasons it is so often overlooked. She addresses the physical and psychological impact on the new mother and draws upon her own experien

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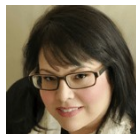
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#### Featured Guest



##### Dr. Deborah Serani

Dr. Deborah Serani is a go-to expert on psychological issues. Her interviews can be found on CNN, Newsday, The New York Times, The Chicago Tribune, Scientific American Mind and affiliate radio station programs at CBS and NPR.

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