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**The Moment**  
**Wednesday at 11 AM Pacific**  
**February 14th 2019: The Moment - Episode 6 -**  
**Special Guest Leif Garrett**

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With his upcoming memoir, "Idol Truth" (written with The Moment host Chris Epting), former teen idol Leif Garrett bares his soul for the first time ever, revealing his deepest secrets about the extraordinary highs and devastating lows he has survived over the years. Garrett was a hardworking child actor in the early 1970s, appearing on dozens of popular films and TV programs. Then he was offered a chance to make a record and "Leif Garrett, teen idol" was born. Millions of teenage girls all over the world covered their walls with his picture. His face adorned hundreds of international magazi

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#### Featured Guest



#### Leif Garrett

Leif Garrett burst onto the scene in 1966 at the early age of five. Garrett began a career in acting with his debut in the quintessential period film, Bob & Carol & Ted & Alice.

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