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**Psych Up Live**  
**Thursday at 11 AM Pacific**  
**February 21st 2019: Conquer Trauma: An Online Course Offers a Healing Journey**

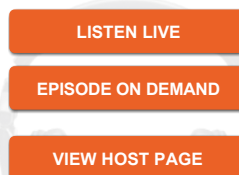
In this show, Savannah Sanders M.S., author of Sex Trafficking Prevention: A Trauma-Informed Approach for Parents and Professionals shares her experience of offering a year-long online trauma course with a community of 27 women which became for them a powerful healing journey. Drawing upon her own childhood abuse and experience of being trafficked plus insights gained from her years of advocacy, professional studies and personal therapy, Savannah recognized that being informed about trauma and understanding strategies for healing means being empowered. Being empowered in a community with other

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#### Featured Guest



##### Savannah Sanders

Savannah Sanders M.S. is the author of Sex Trafficking Prevention: A Trauma-Informed Approach for Parents and Professionals.

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