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**Journeys Into the Heart of Vibration
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**March 14th 2019: Cannabis-An Integrative,
Holistic Approach to Wellness**

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In this episode of Journeys Into the Heart of Vibration we further our discussion of the Frequency of Plant Medicine and delve into the healing medicine of cannabis. Our expert guest is Laura Lagano, MS, RD, CDN, nutritionist and health educator who integrates her classic background as a registered dietitian with cutting-edge training in functional medicine. Laura has a private practice focusing on gut, immune, adrenal, and brain health, as root cause resolution. She is co-founder of the Holistic Cannabis Academy, as well as the Holistic Cannabis Network and the Holistic Cannabis Summit. We w

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Featured Guest



Laura Lagano, MS, RD, CDN

One of the original dietitians to break the alternative career wall, Laura Lagano has been a nutrition and wellness communications consultant since the 80s following her Masters in nutrition and health education from Columbia University.

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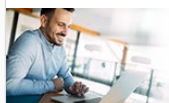
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