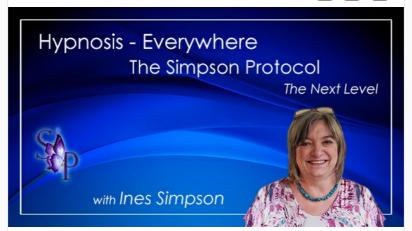
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Hypnosis – Everywhere: Ines Simpson and the Simpson Protocol Archives Available

April 3rd 2019: Dr Bruce Lipton and how our thoughts can impale or empower

We chat with Dr Bruce Lipton - who discovered the concept of epigenetics- and wrote the Biology Of Belief- the book that generated the absolute 'Eureka' moment in my life. I literally stood up and cheered - this scientist understands what we do in Hypnosis - absolutely We chat about how our thoughts can change our own biology. Physically even down to the cell level. We discuss how our thoughts and our subconscious programs shape our lives - and how we can change them anytime we choose So we have the power to at anytime create and re-create our lives

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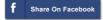


Bruce Lipton, Ph.D.

Bruce H. Lipton, Ph.D., cell biologist and lecturer, is an internationally recognized leader in the "new" biology. His pioneering research on cloned stem cells presaged the revolutionary field of epigenetics, the new science of how environment and perception control genes.

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