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Patricia Raskin

POSITIVE LIVING SHOW

The Patricia Raskin Show
Monday at 11 AM Pacific
April 8th 2019: Ora Nadrich, Mindfulness /
Dr. Bradley Nelson, The Emotion Code

In the first half hour, Patricia interviews Ora Nadrich, who is founder and president of the Institute for Transformational Thinking, and author of "Live True: A Mindfulness Guide to Authenticity". She specializes in transformational thinking, self-discovery, and mentoring new coaches as they develop their careers. She will discuss how to navigate the territory of the self in order to gently tend to our personal and collective sorrow. In the second half, Patricia will interview Dr. Bradley Nelson, who is a holistic Chiropractic Physician & Medical Intuitive. Dr. Nelson is one of the world's

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Featured Guests



Ora Nadrich

Ora Nadrich is a Certified Life Coach, Certified Mindfulness Meditation Teacher and the author of, Says Who? One Simple Question Can Change The Way You Think Forever.

[Read more](#)



Dr. Bradley Nelson

Have you ever thought about how much your emotions influence your health? Dr. Bradley Nelson ("Dr. Brad") is one of the world's foremost experts in the emerging fields of bio-energetic medicine and energy psychology.

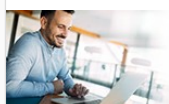
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