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The Business Elevation Show with Chris Cooper - Be More. Achieve More Friday at 8 AM Pacific

April 19th 2019: Encore: The Courage To Change - The Miracle of a Do Over

Do you have the courage to change or help others to change? At 15, Karlyn Pipes was a Junior National swimming champion and destined for greatness. However, she slipped into a dark pattern of alcohol abuse. Despite having amazing athletic skills, she hit rock bottom at age 31. It was then that she turned her life around by returning to the one thing that had created both the pain and pleasure in her life...the water. Today, Karlyn is one of the most accomplished competitive swimmers in the world with over 214 FINA Masters World records, 332 U.S. Masters National records, and in 2012 was voted

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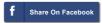
Featured Guest



At 15, Karlyn Pipes was a Junior National champion and seemed destined for greatness. That same year, however, she slipped into a dark pattern of alcohol abuse.

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