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May 1st 2019: The Vulnerability of Gender Issues

What does it mean to be transgender? How is gender determined? And how is it handled with children and adolescents? Join Dr. Vidisha Patel as she chats with Heather Eslien MA, LMHC to explore issues of gender and how gender barriers and inequities might be better handled by society.

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Featured Guest



Heather Eslien MA LMHC

Heather Eslien is a LMHC (licensed mental health counselor) with a private practice in downtown Sarasota, Florida, USA. Her primary focus is on the LGBTQIA+ community and she is particularly passionate about her specialization in working with transgender and gender-expansive folks.

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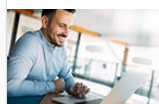
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