



HEALTH & WELLNESS



Once a Nurse, Always a Nurse  
Monday at 10 AM Pacific  
**April 29th 2019: Dementia Activities and Games:  
Play or Learning?**

This show started when I first encountered Ginny Rosen, who is selling toys to help people with dementia, called the "Brainy Day Activity Program" through HippocampusHQ.com. I was fascinated that activities and games were being developed to help improve the quality of life of Alzheimer's patients. From there I met Jeannie Flossie and Lyn Hilgenberg, who are my guests for this program talking all about dementia and how play increases the quality of life for Alzheimer's and Dementia patients--just like it does for all of us! What can you add to this discussion and what would you like to know? Jo

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**Featured Guests**

Guest Image

**Jeannie Flossie, M. Ed., LNHA**

Jeannie is a licensed nurse, Nursing Home Administrator and holds a Master's degree in Education. As sole proprietor of Cognitive Concepts Consulting Services, she was certified in Person Centered Care/Dementia Mapping in 2002, and was qualified by the Alzheimer's Foundation of American as an Excellence in Care Specialist in 2007.

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**Brainy Day Activity Program: Dementia Training**

The Brainy Day Activity Program

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**Lyn Hilgenberg, BA, CDCP, CSA**

Lyn began with her work as Child Advocate within the juvenile justice system to her extensive career within the medical and dental field as an Administrator. Her career has been a unique blend of experiences.

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