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HEALTH & WELLNESS



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**May 16th 2019: An Insider's View into Rehabs
with Anne Fletcher**

Have you wondered what really happens when someone goes to rehab? Have you wondered about why some are better than others? Well, Anne Fletcher wrote a book that answers all of that! Inside Rehab is the most instructive book written about the rehab experience. She goes into what is good, and what you need to look out for. And she's talking all about it on this show!

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Featured Guest



Anne Fletcher

Anne Fletcher is a health and medical writer specializing in the topics of addiction treatment and recovery, weight management, and lifestyle change.

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