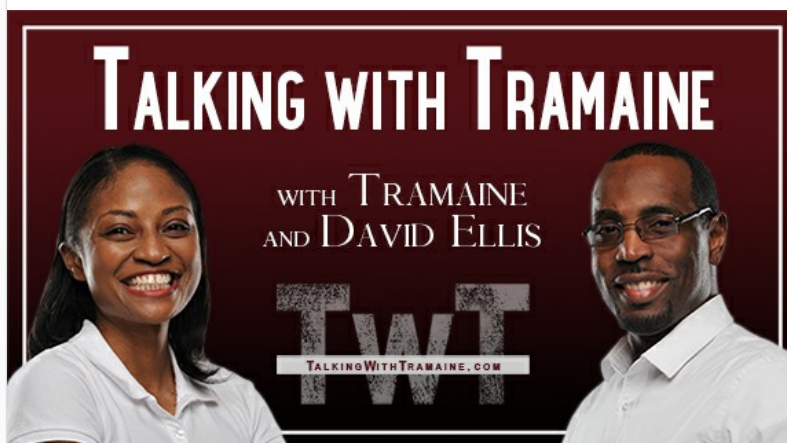


[TROUBLE VIEWING?](#) Click Here to view the Promo card on the web

[SIGN-UP NOW!](#) Click to become a Member for Free!



HEALTH & WELLNESS



### Talking with Tramaïne

Archives Available

**May 22nd 2019: Bipolar Disorder - Its Not Just About Mood Swings**

According to the National Institute of Mental Health, in a given year, bipolar disorder affects about 5.7 million American adults, or about 2.6% of the U.S. population 18 and older. Included in this number are our mothers, fathers, sisters, brothers, sons, daughters, nieces, nephews and close friends. Bipolar disorder is a very common and serious illness. It is not just about mood swings or constantly going from one extreme to the other. There's so much more to living with bipolar disorder and even living with someone with bipolar disorder. When one is affected, all are affected. In this show

[Read more](#)



DOWNLOAD PDF



GET CODE

### Tune in

Archives Available on  
VoiceAmerica Health and  
Wellness Channel

EPISODE ON DEMAND

VIEW HOST PAGE

### Featured Guest



#### Cassandra O'Neal

Cassandra O'Neal is an anointed minister of the gospel, a international bilingual recording artist (English/Spanish) an inspiring worship leader, an in demand worship consultant, a gifted singer/songwriter, a talented actress and a newly published author.

[Read more](#)

### Share This Episode



Share On Facebook



Share On Twitter



Share On LinkedIn

### Connect with VoiceAmerica

Download our mobile apps



Read what our hosts are writing about.

VOICEAMERICA BLOG