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HEALTH & WELLNESS



**Talking with Tramine
Archives Available
July 10th 2019: Keeping Kids Moving**

In today's world, kids are not as active as we were when we were children. If you say to a child in today's society that they may not go outside, it probably would not affect them that much, if at all. As per the CDC, "obesity prevalence among children and adolescents is still too high." Today, we will be talking with Shaun Brown to get his perspective on how we can keep kids moving in today's technology driven world. If you have kids or know someone that has kids, you are going to want to tune in to this show.



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Featured Guest

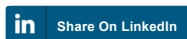


Shaun Brown

Shaun, who grew up playing basketball and was eventually, offered a 4-year athletic scholarship to play collegiate ball, felt that the learning of a sport housed valuable lessons that could easily be translated to today's youth. Since its beginning in 2011 with only 1 youth, B.A.D. has witnessed tremendous transformation and growth. As we continue to grow, we're reaching out to more and more children in different neighborhoods and introducing ourselves to new supporters across the country.

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