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Uplift Your Life: Nourishment of the Spirit
Thursday at 8 AM Pacific
July 25th 2019: The Power of Self-Care with the
Gentle Touch of Jin Shin

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Deepak Chopra says of my guest: "Once in a while you come across a person who demonstrates the potential to be extraordinary, and that is Alexis Brink. I have known Alexis for 30 years and have always been impressed with her desire to break new boundaries and think beyond the ordinary paradigm." She is one of the world's foremost authorities on Jin Shin, which is based on the ancient Japanese healing art of energy medicine now practiced throughout the world and gaining respect in the United States. Although related to acupressure, acupuncture, and massage therapy, the Art of Jin Shin is not a

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Featured Guest



Alexis Brink

Alexis Brink is the author of The Art of Jin Shin: The Japanese Practice of Healing with Your Fingertips, and the President of Jin Shin Institute in New York City. A practitioner of the Art of Jin Shin since 1991, Alexis is a licensed massage therapist and interfaith minister and has taught self-help classes and workshops in New York City as well as in different countries for many years. She has taught Jin Shin in hospitals to nurses and to teachers and their students in the public school system. Today, Jin Shin Institute under Alexis's guidance is offering a comprehensive curriculum to a new generation of practitioners and teachers.

<https://www.jin>

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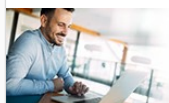
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