



The Sexy Lifestyle with Carol and David
Friday at 3 PM Pacific
July 23rd 2019: FROM SEXUAL MADNESS TO MINDFULNESS

Tune in

Friday at 3 PM Pacific Time on
VoiceAmerica Variety Channel

Ladies! Are you hesitant to start up difficult conversations about your relationship? Do you feel uncomfortable being totally naked in front of your new partner? Are you lacking the confidence to openly carry a tampon to the restroom in public? If you answered YES to any these questions, you are not alone. You are one of many women who are feeling the effects of "sexual madness". Join us with Dr Jenn Gunsallus from Dr Jenn's Den, as we discuss her new book: From Madness to Mindfulness, where she guides women to empower themselves to transition out of a state of sexual madness and into a stat

- [LISTEN LIVE](#)
- [EPISODE ON DEMAND](#)
- [VIEW HOST PAGE](#)

Questions? Comments?
Call In Live! Call-In
Toll Free: 1-866-472-5788
Intl: 001-480-398-1394

[Read more](#)

- [DOWNLOAD PDF](#)
- [GET CODE](#)

Featured Guest



Jennifer Gunsallus

Jennifer Gunsallus, PhD, sociologist and intimacy coach, is a national speaker on couples intimacy, sexual consent, women's empowerment, gender communication, erotic play, and mindful sex. She has presented two TEDx Talks, is the co-host of the podcast Sex Talk with Clint & the Doc, and her first book, From Madness to Mindfulness: Reinventing Sex for Women, will be published in August 2019. Dr. Jenn has over 1.5 million hits on her In the Den with Dr. Jenn YouTube video series, and is an expert in the documentary on masturbation, called Sticky: A (Self) Love Story.

[Read more](#)

Share This Episode

- [Share On Facebook](#)
- [Share On Twitter](#)
- [Share On LinkedIn](#)

Connect with VoiceAmerica

Download our mobile apps

- [Available on the App Store](#)
- [Get it on Google play](#)
- [Download for kindle](#)
- [f](#)
- [t](#)
- [in](#)
- [RSS](#)



Read what our hosts are writing about.

