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August 14th 2019: East vs West - Mental Health Services in India

India has not always been a culture that was open to mental health services. Times are changing and neuropsychologist and founder of the Synapsium Brain Health Clinic joins Dr. Vidisha Patel to talk about the shift. Learn how mental health is becoming more accepted as a priority in India and what issues still need to be addressed.



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Featured Guest



Shraddha Shah

Shraddha Shah founded Synapsium Brain Health Clinic to provide superior clinical, psychological and neuropsychological services to adults and the elderly in 2013. The Classroom, a Synapsium Initiative was introduced in 2018 to address the need for creating awareness and negating mental health stigma in our community. She discovered her passion for the workings of the human brain while completing her Bachelors in Neuroscience in New York and then pursued a Master's degree in Psychology in Mumbai. She continued her training in Neuropsychology at KEM Hospital, Mumbai and is currently, a PhD Scholar conducting research in the area of Positive Neuropsychology. Ms. Shah strives to bring newer th

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