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**Sex Out Loud with Tristan Taormino Archives Available**  
**September 13th 2019: Cate And Darrell on Swinging Down Under and Around the Globe**

Cate and Darrell have been together for a little over 10 years now, they started their relationship as a monogamous couple and in 2014 decided to start discussing sexual fantasies and now here they are, hosts of the podcast Swinging Down Under. We'll discuss non-monogamy around the world, moving your hobby from city or country, women's health and how to remain positive with social media and how to create communities on and off line.

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### Featured Guest



#### Cate Darrell

G'Day everyone, we're C&D, hosts of the non-monogamous podcast Swinging Downunder and you may have guessed it, we're Aussies. We started our journey in 2014 and wanted to pay it forward by chronicling our journey from monogamy into Non-Monogamy.

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